

MAIN POOL

A P R I L 2 0 2 5



MON	TUES	WED	THUR	FRI	SAT	SUN
<p>7am-11:45am Open Swim Lap Lanes Open Pirate Ship Closed Safety break @ 8:45am</p> <p>12pm-1pm Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Water Fitness Participants only</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-8:45am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Pirate Ship Closed Lap Lanes Open Safety break @ 11:45am</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons CLOSED</p> <p>7:05pm-8pm Open Swim</p>	<p>7am-11:45am Open Swim Lap Lanes Open Pirate Ship Closed Safety break @ 8:45am</p> <p>12pm-1pm Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm POWERSwim Participants only Lap Lanes Area</p> <p>6pm-8pm Open Swim Lap Lanes Closed during POWERSwim Pirate Ship Closed</p>	<p>7am-8:45am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Pirate Ship Closed Lap Lanes Open Safety break @ 11:45am</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons CLOSED</p> <p>7:05pm-8pm Open Swim</p>	<p>7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-8:45am Water Fitness Participants only</p> <p>9am-10am Swim Lessons Participants // Limited Features</p> <p>10am-4:45pm Open Swim Pirate Ship 10am-1pm All Features 1pm-4:45pm Safety breaks @ 11:45am, 1:45pm & 3:45pm</p> <p>5pm-5:45pm Swim Lessons Participants // Limited Features</p> <p>6pm-8pm Open Swim Pirate Ship Open</p>	<p>8am-8:45am Open Swim Lap Lanes Open</p> <p>9am-10:20am Open Swim Lap Lanes Open</p> <p>10:20am-11am Swim Lessons CLOSED</p> <p>11am-3:30pm Open Swim All Features // No Lap Lanes Safety breaks @ 11:45am & 1:45pm</p>	<p>12pm-3:30pm Open Swim All Features // No Lap Lanes Safety break @ 1:45pm</p>

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am **3:45pm**
11:45am **5:45pm**
1:45pm

Pool GroupEx

Mondays - Water Fitness @ 6pm with Monika [Main Pool]

Tues/Thurs - Water Fitness @ 8am & 9am with Bobbi [Main Pool]

Wednesdays - Aqua Tone @ 11am with Janique [Therapy Pool]
PowerSwim @ 6pm with Josh [Lap Lanes]
Aqua Zumba @ 6pm with Janessa [Therapy Pool]

Fridays - Water Fitness @ 8am with Janique [Main Pool]

THE THERAPY POOL

A P R I L 2 0 2 5



MON

TUES

WED

THUR

FRI

SAT

SUN

**7am-1pm
Adult Swim**

Safety breaks @ 8:45am
& 11:45am

1pm-2:30pm

**Parkview Medical
Rehabilitation**

CLOSED

**2:30pm-4:30pm
MAINTENANCE**

**4:30pm-8pm
Adult Swim**

Safety break @ 5:45pm

**7am-9:45am
Adult Swim**

Safety break @ 8:45am

9:45am-11:15am

**Parkview Medical
Rehabilitation**

CLOSED

11:15am-1pm

Adult Swim

Safety break @ 11:45am

**1pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Swim Lessons**

CLOSED

**6pm-8pm
Adult Swim**

**7am-10:45am
Adult Swim**

Safety break @ 8:45am

11am-11:45am

Aqua Tone

PARTICIPANTS ONLY

12:00pm-1pm

Adult Swim

1pm-2:30pm

**Parkview Medical
Rehabilitation**

CLOSED

**2:30pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Adult Swim**

6pm-7pm

Aqua Zumba

PARTICIPANTS ONLY

**7:05pm-8pm
Adult Swim**

**7am-9:45am
Adult Swim**

Safety break @ 8:45am

9:45am-11:15am

**Parkview Medical
Rehabilitation**

CLOSED

11:15am-1pm

Adult Swim

Safety break @ 11:45am

**1pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Swim Lessons**

CLOSED

**6pm-8pm
Adult Swim**

**7am-8pm
Adult Swim**

Safety breaks @ 8:45am,
11:45am, 1:45pm, 3:45pm,
5:45pm

5pm-8pm

Toddlers

Welcome

AGES 5 & UNDER W/
A GUARDIAN

Safety break @ 5:45pm

**8am-8:45am
Adult Swim**

**9am-10:10am
Swim Lessons**

CLOSED

10:15am-3:30pm

Adult Swim

Safety breaks @ 11:45am
& 1:45pm

**12pm-3:30pm
Adult Swim**

Safety break @ 1:45pm

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

8:45am

11:45am

1:45pm

3:45pm

5:45pm