

MAIN POOL

M A Y 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
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<p>7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>6pm-7pm Water Aerobics Participants only</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-8am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm MAINTENANCE</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons Closed</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closes @ 7pm</p>	<p>7am-8am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons Closed</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-8:45am Water Aerobics Participants only</p> <p>9am-10am Swim Lessons Limited Features</p> <p>10:00am-4:30pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open</p> <p>4:30pm-5:30pm Swim Lessons Limited Features</p> <p>6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>8am-9:35am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>9:40am-11am Swim Lessons</p> <p>11am-3:30pm Open Swim All Features // No Lap Lanes</p>	<p>12:00pm-3:30pm Open Swim All Features//No Lap Lanes</p>
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Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am **3:45pm**
11:45am **5:45pm**
1:45pm

Pool GroupEx

Mondays - Water Aerobics @ 6pm with Monika [Main Pool]

Tues/Thurs - Water Aerobics @ 8am & 9am with Bobbi [Main Pool]

Wednesdays - Aqua Tone @ 11am with Monika [Therapy Pool]
*Aqua Zumba @ 6pm with Janessa [Therapy Pool]
Water Aerobics @ 6pm with Mindy [Therapy Pool]

Fridays - Water Aerobics @ 8am with Monika [Main Pool]

*Aqua Zumba will only be held the first Wednesday of the month.

THE THERAPY POOL

M A Y 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
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<p>7am-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-10:45am Adult Swim</p> <p>11am-11:45am Aqua Tone PARTICIPANTS ONLY</p> <p>12:00pm-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Adult Swim</p> <p>6pm-7pm Aqua Zumba/Water Aerobics PARTICIPANTS ONLY</p> <p>7:00pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-8pm Adult Swim</p> <p>5pm-7:30pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN</p>	<p>8am-9:30am Swim Lessons CLOSED</p> <p>9:35am-3:30pm Adult Swim</p>	<p>12:00pm-3:30pm Adult Swim</p>
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Safety Breaks
 *Scheduled 15-min safety breaks will occur daily.

8:45am	3:45pm
11:45am	5:45pm
1:45pm	