

MAIN POOL

J A N U A R Y 2 0 2 5



MON TUES WED THUR FRI SAT SUN

7am-11:45am
Open Swim
 Lap Lanes Open
 Pirate Ship Closed
 Safety break @ 8:45pm
12pm-1pm
 Pirate Ship Open
 Lap Lanes Closed

1pm-4:30pm
MAINTENANCE

4:30pm-5:45pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

6pm-7pm

Water Fitness
 Participants only

7pm-8pm

Open Swim
 Lap Lanes Open
 Pirate Ship Closed

7am-8:25am
Open Swim
 Lap Lanes Open
 Pirate Ship Closed
8am-10am
 1st class: 8am-8:45am
 2nd class: 9am-10am

10am-12pm
Open Swim
 Pirate Ship Closed
 Lap Lanes Open
 Safety break @ 11:45pm

12pm-1pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

1pm-4:30pm
MAINTENANCE

4:30pm-5:45pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

6pm-7pm
Swim Lessons
 CLOSED

7:05pm-8pm
Open Swim

7am-11:45pm
Open Swim
 Lap Lanes Open
 Pirate Ship Closed
 Safety break @ 8:45pm
12pm-1pm
 Pirate Ship Open
 Lap Lanes Closed

1pm-4:30pm
MAINTENANCE

4:30pm-5:45pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

6pm-7pm
POWERSwim
 Participants only
 Lap Lanes Area

6pm-8pm
Open Swim
 Lap Lanes Closed during
 POWERSwim
 Pirate Ship Closed

7am-8:25am
Open Swim
 Lap Lanes Open
 Pirate Ship Closed
8am-10am
 1st class: 8am-8:45am
 2nd class: 9am-10am

10am-12pm
Open Swim
 Pirate Ship Closed
 Lap Lanes Open
 Safety break @ 11:45pm

12pm-1pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

1pm-4:30pm
MAINTENANCE

4:30pm-5:45pm
Open Swim
 Pirate Ship Open
 Lap Lanes Closed

6pm-7pm
Swim Lessons
 CLOSED

7:05pm-8pm
Open Swim

7am-7:45am
Open Swim
 Lap Lanes Open
 Pirate Ship Closed
8am-9am
 CLOSED

8am-8:45am
Water Fitness
 Participants Only, Swim Lessons
 occur during same time

9:30am-4:45pm
Open Swim
 Pirate Ship 9:30am-1pm
 All Features 1pm-4:45pm

5pm-5:45pm
Swim Lessons
 Participants //
 Limited Features

6pm-8pm
Open Swim
 Pirate Ship Open

8am-8:45am
Open Swim
 Lap Lanes Open

9am-10:20am
Open Swim

Lap Lanes Open
10:20am-11am
Swim Lessons

CLOSED
11am-3:30pm
Open Swim
 All Features //
 No Lap Lanes
 Safety breaks @
 11:45am & 1:45pm

12pm-3:30pm
Open Swim
 Safety break @ 1:45pm

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am
11:45am
1:45pm

3:45pm
5:45pm

Pool GroupEx

Mondays - Water Fitness @ 6pm with Monika [Main Pool]
Tues/Thurs - Water Fitness @ 8am & 9am with Bobbi [Main Pool]
Wednesdays - Aqua Tone @ 11am with Janique [Therapy Pool]
 PowerSwim @ 6pm with Josh [Lap Lanes]
 Aqua Zumba @ 6pm with Janessa [Therapy Pool]
Fridays - Water Fitness @ 8am with Janique [Main Pool]

THE THERAPY POOL

JANUARY 2025



MON

TUES

WED

THUR

FRI

SAT

SUN

**7am-1pm
Adult Swim**

Safety breaks @ 8:45am
& 11:45am

**1pm-2:30pm
Parkview Medical
Rehabilitation**

CLOSED

**2:30pm-4:30pm
MAINTENANCE**

**4:30pm-8pm
Adult Swim**

Safety break @ 5:45pm

**7am-9:45am
Adult Swim**

Safety break @ 8:45am

**9:45am-11:15am
Parkview Medical
Rehabilitation**

CLOSED

**11:15am-1pm
Adult Swim**

Safety break @ 11:45am

**1pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Swim Lessons**

CLOSED

**6pm-8pm
Adult Swim**

**7am-10:45am
Adult Swim**

Safety break @ 8:45am

**11am-11:45am
Aqua Tone**

PARTICIPANTS ONLY

**12:00pm-1pm
Adult Swim**

**1pm-2:30pm
Parkview Medical
Rehabilitation**

CLOSED

**2:30pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Adult Swim**

**6pm-7pm
Aqua Zumba**

PARTICIPANTS ONLY

**7:05pm-8pm
Adult Swim**

**7am-9:45am
Adult Swim**

Safety break @ 8:45am

**9:45am-11:15am
Parkview Medical
Rehabilitation**

CLOSED

**11:15am-1pm
Adult Swim**

Safety break @ 11:45am

**1pm-4:30pm
MAINTENANCE**

**4:30pm-5:45pm
Swim Lessons**

CLOSED

**6pm-8pm
Adult Swim**

**7am-8pm
Adult Swim**

Safety breaks @ 8:45am,
11:45am, 1:45pm, 3:45pm,
5:45pm

**5pm-8pm
Toddlers**

Welcome

AGES 5 & UNDER W/
A GUARDIAN

Safety break @ 5:45pm

**8am-8:45am
Adult Swim**

**9am-10:10am
Swim Lessons**

CLOSED

10:15am-3:30pm

Adult Swim

Safety breaks @ 11:45am
& 1:45pm

**12pm-3:30pm
Adult Swim**

Safety break @ 1:45pm

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

8:45am

11:45am

1:45pm

3:45pm

5:45pm