



MAIN POOL SCHEDULE

*Scheduled 15-min safety breaks will occur periodically throughout each day.

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-9:30am Open Swim Lap Lanes Open Pirate Ship Closed	7am-8:30am Open Swim Lap Lanes Open Pirate Ship Closed	7am-9:30am Open Swim Lap Lanes Open Pirate Ship Closed	7am-8:30am Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:20am Open Swim Lap Lanes Open	CLOSED
9:30am-11am Swim Lessons CLOSED	8:30am-11am Water Fitness & Swim Lessons 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am Swim Lessons: 9:30am-11am	9:30am-11am Swim Lessons CLOSED	8:30am-11am Water Fitness & Swim Lessons 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am Swim Lessons: 9:30am-11am	8am-9am Swim Lessons CLOSED	10:20am-11am Swim Lessons CLOSED	
11am-1pm Open Swim Pirate Ship Open Lap Lanes Open		11am-1pm Open Swim Pirate Ship Open Lap Lanes Open		8:30am-9:30am Water Fitness Participants Only, Swim Lessons end @ 9am	11am-3:30pm Open Swim All Features // No Lap Lanes	
1pm-3pm Open Swim Pirate Ship Open Lap Lanes Closed	11am-1pm Open Swim Pirate Ship Open Lap Lanes Open	1pm-3pm Open Swim Pirate Ship Open Lap Lanes Closed	11am-1pm Open Swim Pirate Ship Open Lap Lanes Open	9:30am-4:45pm Open Swim Pirate Ship 9:30am-1pm All Features 1pm-4:45pm		
3pm-4:30pm MAINTENANCE	1pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	3pm-4:30pm MAINTENANCE	1pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed			
4:30pm-5:30pm Open Swim Pirate Ship Open Lap Lanes Closed		4:30pm-5:30pm Open Swim Pirate Ship Open Lap Lanes Closed		5pm-6pm Swim Lessons Participants // Limited Features		
5:30pm-6:30pm Water Fitness Participants only	5:50pm-7pm Swim Lessons CLOSED	5:30pm-6:30pm POWERSwim Participants only Open Swim Available	5:50pm-7pm Swim Lessons CLOSED	6pm-8pm Open Swim Pirate Ship Open		
6:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7pm-8pm Open Swim	6:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7pm-8pm Open Swim			



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Pool GroupEx

Mondays - Water Fitness @ 5:30pm
with Monika [Main Pool]

Tue/Thu - Water Fitness @ 8:30am-9:30am & 9:30am-10:30am
with Bobbi [Main Pool]

Wednesdays - Aqua Tone @ 11am
with Bobbi [Therapy Pool]

PowerSwim @ 5:30pm
with Josh [Lap Lanes]

Aqua Zumba @ 6pm
with Janessa [Therapy Pool]

Fridays - Water Fitness @ 8:30am
with Monika [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.



THERAPY POOL

SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-8:20am Adult Swim	7am-8:20am Adult Swim	7am-8:20am Adult Swim	7am-8:20am Adult Swim	7am-7:30pm Adult Swim	8am-9am Adult Swim	CLOSED
8:20am-9:30am Swim Lessons CLOSED	8:20am-9:30am Swim Lessons CLOSED	8:20am-9:30am Swim Lessons CLOSED	8:20am-9:30am Swim Lessons CLOSED		9am-10:10am Swim Lessons CLOSED	
9:30am-1pm Adult Swim	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED		10:10am-3:30pm Adult Swim	
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	11:15am-4:30pm Adult Swim	11:45am-1pm Adult Swim	11:15am-4:30pm Adult Swim			
	4:30pm-5:45pm Swim Lessons CLOSED	1pm-2:30pm Parkview Medical Rehabilitation CLOSED	2:30pm-4:30pm MAINTENANCE	4:30pm-5:45pm Swim Lessons CLOSED		
2:30pm-4:30pm MAINTENANCE		4:30pm-6pm Adult Swim		5pm-8pm Toddlers Welcome AGES 5 & UNDER W/ A GUARDIAN		
4:30pm-8pm Adult Swim	6pm-8pm Adult Swim	6pm-7pm Aqua Zumba PARTICIPANTS ONLY	6pm-8pm Adult Swim			
		7pm-8pm Adult Swim				



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