

GYMNASIUM

F A L L 2 0 2 6



	MON	TUES	WED	THUR	FRI	SAT	SUN
North Court	5am-9:30am Open Gym	5am-12pm Open Gym	5am-9:30am Open Gym	5am-12pm Open Gym	5am-9:30am Open Gym	7am-4pm Open Gym	12pm-3pm Pickleball
	9:30am-12:30pm Pickleball	12pm-1pm Intermediate Pickleball	9:30am-12:30pm Pickleball	12pm-1pm Intermediate Pickleball	10am-2pm Pickleball		3pm-4pm Open Gym
	12:30pm-8:45pm Open Gym	1pm-3pm Pickleball 3pm-8:45pm Open Gym	12:30pm-8:45pm Open Gym	1pm-3pm Pickleball 3pm-8:45pm Open Gym	2pm-8pm Open Gym		
South Court	5am-8:30am Open Gym	5am-9:30am Open Gym	5am-8:30am Open Gym	5am-9:30am Open Gym	5am-9am Open Gym	7am-4pm Open Gym	12pm-4pm Open Gym
	9am-10am SilverSneakers Circuit			9am-10am SilverSneakers Classic	9am-9:30am HIIT CORE		
	10am-11am SilverSneakers Classic	10am-11am SilverSneakers Classic	10am-11am Zumba Gold	10am-11am SilverSneakers Circuit	10am-11am Silver Soul		
	11am-8:45pm Open Gym	11am-8:45pm Open Gym	11am-8:45pm Open Gym	11am-8:45pm Open Gym	11am-8pm Open Gym		

Please Note: Schedule is subject to change.