

# GYMNASIUM

## AUGUST 2025



	MON	TUES	WED	THUR	FRI	SAT	SUN
North Court	5am-9am Open Gym  9:30am-12:30pm Pickleball  12pm-8:45pm Open Gym	5am-1pm Open Gym  1pm-3pm Pickleball  3pm-7pm Open Gym  7pm-9pm Adult Volleyball	5am-9am Open Gym  9:30am-12:30pm Pickleball  12pm-7pm Open Gym  7pm-9pm Adult Volleyball	5am-1pm Open Gym  1pm-3pm Pickleball  3pm-6pm Open Gym  6pm-9pm Adult Volleyball	5am-9:25am Open Gym  9:30am-12:30pm Pickleball  12:45pm-8:45pm Open Gym	7am-4pm Open Gym	CLOSED
South Court	5am-9am Open Gym  10am-11am SilverSneakers Circuit  10am-11am SilverSneakers Classic  11:15am-8:45pm Open Gym	5am-9:30am Open Gym  10am-11am SilverSneakers Classic  11:15am-8:45pm Open Gym	5am-9:30am Open Gym  10am-11am Silver Soul  11:15am-8:45pm Open Gym	5am-8:45am Open Gym  9am-10am Zumba  10am-11am Zumba Gold  11:15am-6pm Open Gym  6pm-9pm Adult Volleyball	5am-9am Open Gym  9am-10am HIIT CORE  10am-11am Kids Flex [Elementary School Age]  11:15am-8:45pm Open Gym	7am-4pm Open Gym	CLOSED