

# GYMNASIUM

S E P T E M B E R 2 0 2 5



North Court

MON	TUES	WED	THUR	FRI	SAT	SUN
5am-9am Open Gym	5am-1pm Open Gym	5am-9am Open Gym	5am-1pm Open Gym	5am-9:25am Open Gym	7am-4pm Open Gym	12pm-3:45pm Open Gym
9:30am-12:30pm Pickleball	1pm-3pm Pickleball	9:30am-12:30pm Pickleball	1pm-3pm Pickleball	9:30am-12:30pm Pickleball		
12pm-4:45pm Open Gym	3pm-4:45pm Open Gym	12pm-4:45pm Open Gym	3pm-4:45pm Open Gym	12:45pm-4:45pm Open Gym		
5pm-8pm Youth Sports	5pm-8pm Youth Sports	5pm-8pm Youth Sports	5pm-8pm Youth Sports	5pm-8pm Youth Sports		

Gymnasium will be closed  
Saturdays beginning 9/20  
for Fall Youth Sports.

South Court

5am-9am Open Gym	5am-9:30am Open Gym	5am-9:30am Open Gym	5am-8:45am Open Gym	5am-9am Open Gym	7am-4pm Open Gym	12pm-3:45pm Open Gym
10am-11am SilverSneakers Circuit	10am-11am SilverSneakers Classic	10am-11am Silver Soul	9am-10am Zumba	9am-10am HIIT CORE		
10am-11am SilverSneakers Classic	11:15am-8:45pm Open Gym	11:15am-8:45pm Open Gym	10am-11am Zumba Gold	10am-11am Kids Flex [Elementary School Age]		
11:15am-8:45pm Open Gym			11:15am-8:45pm Open Gym	11:15am-8:45pm Open Gym		

Please Note: Fall Youth Sports begin 9/20 schedule is subject to change.