

MAIN POOL

A P R I L 2 0 2 5



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-11:45am Open Swim Lap Lanes Open Pirate Ship Closed Safety break @ 8:45am 12pm-1pm Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Water Fitness Participants only 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Pirate Ship Closed Lap Lanes Open Safety break @ 11:45am 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons CLOSED 7:05pm-8pm Open Swim	7am-11:45am Open Swim Lap Lanes Open Pirate Ship Closed Safety break @ 8:45am 12pm-1pm Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm POWERSwim Participants only Lap Lanes Area 6pm-8pm Open Swim Lap Lanes Closed during POWERSwim Pirate Ship Closed	7am-8:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Pirate Ship Closed Lap Lanes Open Safety break @ 11:45am 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons CLOSED 7:05pm-8pm Open Swim	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-8:45am Water Fitness Participants only 9am-10am Swim Lessons Participants // Limited Features 10am-4:45pm Open Swim Pirate Ship 10am-1pm All Features 1pm-4:45pm Safety breaks @ 11:45am, 1:45pm & 3:45pm 5pm-5:45pm Swim Lessons Participants // Limited Features 6pm-8pm Open Swim Pirate Ship Open	8am-8:45am Open Swim Lap Lanes Open 9am-10:20am Open Swim Lap Lanes Open 10:20am-11am Swim Lessons CLOSED 11am-3:30pm Open Swim All Features // No Lap Lanes Safety breaks @ 11:45am & 1:45pm	12pm-3:30pm Open Swim All Features // No Lap Lanes Safety break @ 1:45pm

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am 3:45pm
11:45am 5:45pm
1:45pm

Pool GroupEx

Mondays -	Water Fitness @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Fitness @ 8am & 9am	with Bobbi [Main Pool]
Wednesdays -	Aqua Tone @ 11am	with Janique [Therapy Pool]
	PowerSwim @ 6pm	with Josh [Lap Lanes]
	Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
Fridays -	Water Fitness @ 8am	with Janique [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.