



MAIN POOL SCHEDULE

*Scheduled 15-min safety breaks will occur periodically throughout each day.

| MON | TUES | WED | THUR | FRI | SAT | SUN |
|--|--|--|--|---|---|---------------|
| 7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed | 7am-8:25am Open Swim Lap Lanes Open Pirate Ship Closed | 7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed | 7am-8:25am Open Swim Lap Lanes Open Pirate Ship Closed | 7am-7:55am Open Swim Lap Lanes Open Pirate Ship Closed | 8am-10:15am Open Swim Lap Lanes Open | CLOSED |
| 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed | 8:30am-10:30am Water Fitness 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am | 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed | 8:30am-10:30am Water Fitness 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am | 8am-9am Swim Lessons CLOSED | 10:20am-11am Swim Lessons CLOSED | |
| 1pm-4:30pm MAINTENANCE | 10:30am-12pm Open Swim Pirate Ship Closed Lap Lanes Open | 1pm-4:30pm MAINTENANCE | 10:30am-12pm Open Swim Pirate Ship Closed Lap Lanes Open | 8:30am-9:30am Water Fitness Participants Only, Swim Lessons end @ 9am | 11am-3:30pm Open Swim All Features // No Lap Lanes | |
| 4:30pm-5:55pm Open Swim Pirate Ship Open Lap Lanes Closed | 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed | 4:30pm-5:55pm Open Swim Pirate Ship Open Lap Lanes Closed | 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed | 9:30am-4:45pm Open Swim Pirate Ship 9:30am-1pm All Features 1pm-4:45pm | | |
| | 1pm-4:30pm MAINTENANCE | 6pm-7pm POWERSwim Participants only Lap Lanes Area | 1pm-4:30pm MAINTENANCE | 5pm-6pm Swim Lessons Participants // Limited Features | | |
| 6pm-7pm Water Fitness Participants only | 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed | 6pm-7pm Water Fitness Participants only | 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed | 6:05pm-8pm Open Swim Pirate Ship Open | | |
| 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed | 5:50pm-7pm Swim Lessons CLOSED | 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed | 5:50pm-7pm Swim Lessons CLOSED | | | |
| | 7:05pm-8pm Open Swim | | 7:05pm-8pm Open Swim | | | |



OCT 2024

Pool GroupEx

- Mon/Wed - Water Fitness @ 6pm with Monika [Main Pool]
- Tue/Thu - Water Fitness @ 8:30am-9:30am & 9:30am-10:30am with Bobbi [Main Pool]
- Wednesdays - Aqua Tone @ 11am with Janique [Therapy Pool]
- PowerSwim @ 6pm with Josh [Lap Lanes]
- Aqua Zumba @ 6pm with Janessa [Therapy Pool]
- Fridays - Water Fitness @ 8:30am with Janique [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.