

MAIN POOL



S E P T E M B E R 2 0 2 5

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed 6pm-7pm Water Fitness Participants only 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-8:45am Water Fitness Participants only 9am-10am Swim Lessons Limited Features 10:00am-4pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open 4pm-5pm Open Swim Pirate Ship Closed Lap Lanes Open 4:30pm-5:30pm Swim Lessons Limited Features 6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:20am Open Swim Lap Lanes Open Pirate Ship Closed 10:20am-11am Swim Lessons 11am-3:30pm Open Swim All Features // No Lap Lanes	12:00pm-3:30pm Open Swim All Features//No Lap Lanes

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am 3:45pm
11:45am 5:45pm
1:45pm

Pool GroupEx

Mondays -	Water Fitness @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Fitness @ 8am & 9am	with Bobbi [Main Pool]
Wednesdays -	Aqua Tone @ 11am	with Janique [Therapy Pool]
	Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
Fridays -	Water Fitness @ 8am	with Monika [Main Pool]