Mini Camp Packing List

### **for 7-8 Year Old Campers at YMCA Camp Jackson**

General Items:

* Backpack: For carrying personal belongings and daily essentials.
* Twin Bedding: Include a fitted sheet, a flat sheet, and a blanket for the camp cabin.
* Sleeping Bag: For the overnight camping trip and added warmth.

Clothing:

* T-shirts: (4-5) Comfortable and breathable for daily activities.
* Long-Sleeve Shirt: (1-2) For cooler days and protection from the sun.
* Shorts: (2-3 pairs) For daytime activities.
* Pants: (1-2 pairs) Lightweight and appropriate for hiking or climbing.
* Swimsuit: For any water-related activities.
* Lightweight Jacket or Sweatshirt: For cooler evenings.
* Hiking Boots/Sneakers: Sturdy shoes suitable for hiking and outdoor activities.
* Sandals or Flip-Flops: For relaxing at camp.
* Socks: (5-6 pairs) Comfortable and moisture-wicking.
* Underwear: (5-6 pairs)

Personal Items:

* Two Reusable Water Bottles: To stay hydrated during camp activities.
* Sunscreen: A broad-spectrum sunscreen to protect against sunburn.
* Hat: A wide-brimmed hat for sun protection.
* Insect Repellent: To keep bugs at bay during outdoor activities.
* Toiletries: Toothbrush, toothpaste, soap, shampoo, and a towel.
* Personal Hygiene Items: Such as a hairbrush or comb.

Activity-Specific Gear:

* Arts and Crafts Supplies: If desired, please label personal items like markers or sketchbooks.
* Archery Equipment: If applicable, but all gear will also be provided at camp.

Optional Items:

* Comfort Item: A small stuffed animal or blanket for comfort during the night (please avoid valuables).
* Book or Journal: For downtime or quiet moments (no technology).

### **Important Notes:**

* No Technology or Valuables: Please leave phones, tablets, and any valuable items at home.
* No Snacks: Camp provides meals and snacks, so please do not pack extra food.
* No Drugs or Weapons: For the safety of all campers, please do not pack any illicit substances or weapons.