

# Pueblo YMCA Child Development Center Illness Policy

Children and staff will be excluded from the YMCA Child Development Center when they have certain symptoms of illness, including if they are unable to participate or perform the functions required for their position.

Staff is responsible for observing children at drop off and throughout the day for signs of illness. If the child arrives at the facility with signs of illness that require exclusion they may not be accepted. If a child develops symptoms of illness that require exclusion during the time of care, the parent or guardian will be contacted to pick up the child. Child will be provided a place to rest which is separate from the other children until the parent or guardian arrives. Symptoms will be logged on the Department of Public Health and Environment Illness Surveillance Form, and written documentation of the reason for exclusion will be provided to the parent/guardian, and a copy will be kept in the child's file. All items used to care for the child (cot, bedding, etc.) will be cleaned and sanitized or cleaned and disinfected if contaminated by bodily fluids after the child leaves.

The child may return to the YMCA Child Development Center based on the requirements of the Department of Public Health and Environment (How Sick is Too Sick/Infectious Disease Guide), or as directed by their health care provider or public health professional. The date and time of the child's return will be recorded on the Illness Surveillance Form.

## **COVID-19**

The Pueblo YMCA Child Development Center will refer to the Department of Public Health and Environment COVID-19 Screening Tool, which are posted in the classrooms, as a first step when making the decision to send a child home for COVID-19 symptoms or require isolation or quarantine. This will provide an initial plan, but each case will ultimately be handled individually based on specific information and guidance provided by the Health Department.

Symptoms of COVID-19 Requiring Isolation from Child Care:

- **Fever of 100.4 or higher**
- **New loss of taste or smell**
- **Fatigue**

- **Cough**
- **Shortness of breath or difficulty breathing**
- **Sore throat**
- **Runny nose with or without congestion**
- **Muscle or body aches**
- **Headaches**
- **Nausea or vomiting**
- **Diarrhea**

General guidance for when a child or staff member can return to the YMCA after isolation:

1. Child or staff member must stay home for at least 10 days from the first onset of symptoms, and symptoms must have shown signs of improving for 72 hours without medication.
2. No fever without medication for 24 hours.
3. An alternative diagnosis signed by a physician may be accepted, but will be evaluated individually with guidance from the Health Department before permission to return is granted.
4. A negative test result before the end of the isolation period does not mean that a child or staff member may return sooner than 10 days.

General guidance for when a child or staff member can return after quarantine:

1. Child or staff member must quarantine if they come in contact with someone who tests positive for COVID-19.
2. Child or staff must remain in quarantine for 14 days from the date of contact.
3. A negative test result before the end of the quarantine period does not mean that a child or staff member may return sooner than 14 days.

Please contact Sarah Conley, Pueblo YMCA Director of Child Development, at [sconley@puebloymca.org](mailto:sconley@puebloymca.org) or (719)543-5151 ext. 263, with any questions or concerns.

